

# ywca auckland

YWCA AUCKLAND 124th ANNUAL REPORT 2009



future  
leaders ywca  
auckland

ywca encore  
after breast cancer  
gentle exercise programme

ywca hostel  
auckland

women inspiring women



# President's Report

The YWCA was founded in 1855 in Great Britain and here in Auckland we have been working in our community since 1885. Next year (2010) the YWCA of Auckland will be celebrating our

125th anniversary of inspiring women through diverse programmes such as service women's clubs, young women's camps, sports teams, English language support, op-shops and our current very successful programmes of Future Leaders and Encore.

It is always a challenge to stay relevant in our ever changing world but the YWCA has done so because our members and their communities tell us what is important and we pride ourselves on our responsiveness to what will truly make a difference to women in Auckland.

This year we have expanded our team of committed and talented staff. The Board of Directors has eight skilled and well-connected members (two of whom are young women) and two additional young women as our scholarship winners. The staff and board combine to ensure we continue to understand our relevance in the community and to create opportunities to fulfil our mission of women inspiring women.

Thank you to our supporters, mentors, program participants and funding partners.

Best wishes

*Warm thanks to all staff, volunteers and supporters whose dedicated commitment has supported the provision of our services and programmes.*

## Our People

**Future Leaders Patron:** Dame Catherine Tizard

**Life Members:** Marjorie Bond, Margaret Collings, Jetta Cornish, Molly England, Meg Everton, Hilda Gosling, Roberta Greer, Joy Hanna, Valda Kalata, Joan Lardner, Marian Lough, Pru MacFarlane, Heather Mason, Robyn McElroy, Pauline Nicholson, Shirley Rogers, Annette Sharp, Marie Taylor, Dame Catherine Tizard, Win Tombs, Marjory Trotter, Laures Warman, Robyn Williams, Rev Win Blyth, Dame Dorothy Winstone.

### The Board:

Carol Scholes	President
Lorraine Warshaw	Treasurer
Annette Sharp	Vice President
Andrijana Trajanovska	
Christine Pears	
Frances Hague	
Janelle Nee	
Olinda Woodroffe	
Jennifer Cuthbertson	Scholarship winner

### YWCA Auckland Staff

Hilary Sumpter	Chief Executive Officer
Mark Dowd	Financial Manager
Heather Smith	Hostel Manager
Tilda Bostwick	Marketing and Fundraising Manager
Diane Abad	Fundraising and Marketing Coordinator
Marlene Sorby	National Encore Programme Manager
Julie Cummins	Encore National Trainer
Kathryn Doughty	Future Leaders Programme Coordinator
Kerry-Ann Stanton	Future Leaders Programme Coordinator
Daisy Tau'ufu'ou	Future Leaders Programme Coordinator
Desire'e Andrews-Upperton	Future Leaders Far North Coordinator
Erin Titmus	Future Leaders Far North Coordinator
Christina Duske	Administration Manager

### Programme Supporters

All the guest speakers and health professionals who generously donated their time and expertise to the Encore and Future Leaders programmes.

### Others who have generously donated their time, services and talents:

The Rt Hon. Helen Clark, Dame Catherine Tizard, Rosie Horton, Marie Taylor, Petra Bagust, Captain Wendy Lawrence, John Harman, Kathryn Wilson.

### Encore Coordinators

Adrienne Taylor, Alice Scott, Caroline Winstanley, Cath Thorp, Cathy Denne, Chris Herron, Claire Laurenson, Connie Zein, Daphne Wardle, Diane Toulmin, Jane Bissell, Jane Mitchell, Joce Burlton-Bennet, Julie Kelley, Kath Vickers, Liane Peterson, Lisa Fenton, Lizzie Baker, Margie Crawford, Nicola Davies, Raewyn Williams, Robyn Eggelton, Rosie Scott, Susan Harvey, Wendy Stock, Alison Searle, Esther Amon, Hilary Perry, Jan Fisher, Lynne Walker, Ranui Parata, Sharon Morgan, Shelley Hanna, Sue Thompson, Tanya Jeffcoat.

### Future Leaders Mentors

**Auckland Mentors:** Alpa Patel, Alicia Simpson, Annabelle Jarram, Anne Martin, Beppy Carajannis, Bindu Choudary, Brigid McDonald, Brigid Reilly, Carina Hull, Caroline Tauevihi, Caroline Wells, Cheree Schiele, Claire Cox, Claire Keenan, Daisy Ta'ufu'ou, Danielle Jordan, Delphine Volf, Denise Dalziel, Denise Wong, Diane Bermingham, Fiona Clifton, Fiona Powell, Frances Watkinson, Frankie Favero, Gael McNally, Gemma Ross, Genevieve Lloyd, Georgina Bridge, Gillian Stokes, Helen Davies, Helen Fletcher, Helen Trembath, Helene Deschamps, Holly Palmer, Jade Caulfield, Jade Phillips, Jane Hunter, Janice Cearn, Janine Lam, Jayne Bailey, Jeanette Paine, Jennifer Innes, Jessie Bloore, Jo Lorimer, Jo Ritchie, Josephine Samuelu, Judith Paterson, Kahu Apiata, Karen Martin, Karen Pickering, Karina Ankhara, Karyn Grindlay, Kate Bingham, Kath Mead, Kathryn Ryan, Katie Cochrane, Kay Gillard, Kay Moore, Kimiora McKenzie-Downey, Kirsten Cooke, Kylie Finlayson, Kylie Telford, Lauren Dowling, Lea Cowley, Leanne Scott, Lia Mattei, Linda Brighthouse, Lisa Curtis, Lisa Hubbard, Lynne Carroll, Manea Sweeney, Margaret Brown, Mary Kerrigan, MaryBeth Williams, Melanie Kerr, Melanie Woodford, Melissa Quirk, Michelle Lawson, Michelle Noble, Michelle Whiu, Monique Pearson, Natalie Tindall, Nikki Pye, Pat Gross, Pennie Ball, Rachael Russ, Rita Oh, Robin Houker, Robyn Rakete, Robyn Tubb, Romana Trego, Rosie Ryan, Roz Palmer, Ruth Uo, Sally Mabelle, Sally Markham, Sally Uo, Sarah Devoy, Sarah Murray, Setareh Masoud-Ansari, Sharlene Christie, Sharon Alderson, Shelley Bridgeman, Shirley Richards, Shona Hutchinson, Sumaira Franicevic, Susanna Arnold, Teresa Johnston, Tiffany Clarke, Toni Smith, Tracey Ashton, Tracy Broom, Wanda Lis,

**Far North Mentors:** Rose Armistead, Maggie Backhurst, Lynnis Burson, Natacha Chossudovsky, Phillippa Cole, Helen Crombie, Angela Davis/Karleen Everitt, Mary Fenton, Steph Godsiff, Claire Gordon, Jane Hindle, Tiffany Holland, Raewyn Kenyon, Ann-Maree Kingi, Heather McVicar, Anne Melville, Kate Moroney, Susie Morrison, Robyn Parker, Jan Roberts, Judith Sleavin, Sue Stocker, Karla Tawhai, Ann Truscott, Liz Vivian, Nikki Voakes, Maxine Wynyard.

Front Cover: Future Leaders enjoy the Leadership Camp at Leigh Jan 09



## CEO'S Report

The YWCA Auckland has been presented with the same world-wide challenges as everyone. However, whilst in a tougher environment, we took the challenge of economic hardship as an opportunity to refine what we do internally to make us stronger for the future. As an organisation we have been consolidating our activity and spending much time in research and review. In terms of positioning we have worked at re-affirming our long standing relationships, making linkages with other youth development organisations, and establishing good New Zealand corporate connections.

I joined the organisation in September of 2008, and in October 2008 we had five new Board Members join. We were fortunate to find an organisation with good infrastructure in place to prepare YWCA Auckland to move to the next level.

Our core strands of activity, being Encore – Breast Cancer Recovery Exercise Programme, Future Leaders Mentoring Programme, our Hostel and our activities of being a voice for women through Lobbying and Advocacy, have all been refined and adjusted to be relevant and valuable

today. Our focus has been both internal and external; strengthening what we do best in-house so we can be the best we can be externally for our communities.

We have enjoyed re-connecting with friends and supporters and I have felt privileged to be with an organisation which engenders so much positive support. We finished the year in good heart, and braced to face the economic challenges of the year ahead.

My thanks to all the team I work with, (listed opposite) - they are all such an asset. Thanks too, to all our Encore Coordinators, our Future Leaders Mentors, our supporters, donors, sponsors, volunteers, the board and all those who participate in our programmes.

Hilary Sumpter  
CEO

## Fundraising Events

### August 2008

**Shoe Exhibition and Auction.** Our second event with Kathryn Wilson who donated ten pairs of new seasons shoes and her time, we raised over \$5,000 for the Future Leaders programme.

### December 2008

**Leading Women Dinner.** The annual dinner raised \$28,000 for the Future Leaders Programme, this year was a first for male guests who joined us in support of our female leaders. We were hosted by Petra Bagust and our key note speaker, Astronaut & Navy Pilot, Wendy Lawrence, was interviewed by John Campbell and received a standing ovation.

### June 09

**Leading Edge Cocktails.** To signal our support and partnerships with other leadership organisations this event was held during Leadership Week in association with Sir Peter Blake Trust. Our venue was the exciting Wunderkammer Showroom in Newton. Auction items raised over \$8,000 for the YWCA Future Leaders programme.

We have an events policy whereby 25% of ticket sales and all donations go directly to meet YWCA programme costs.



Above: John Campbell interviews Wendy Lawrence.



Left: Dame Cath Tizard and Athlae Lyon at the June event.

## 125th Anniversary

Since 1885 the YWCA Auckland has had a mission to positively impact on society by making a difference in women's lives.



In 2010 we will be celebrating our 125th anniversary, and we are planning a series of events for the year that may include an exhibition of YWCA memorabilia, a high tea for the anniversary date of 4 June and a special dinner in October.



## HOSTEL

*Providing a secure, affordable "home away from home" for young people in the inner-city.*

The hostel has had a very busy year, with a 96% occupancy rate of our 162 rooms. Our 190 residents provide an interesting mix of 23 cultures; 75% are foreign students, 25% are men & women of varying ages who are medium to long-term residents.

Residents continue to enjoy the comfort, safety, and location of the Hostel and there are always opportunities for friendship and engagement. Hostel staff are available 24hrs to ensure security and support, upholding the values of the YWCA.

Ongoing maintenance projects and refurbishment of the hostel has continued to be a priority with the installation of new showers, the replacement of worn carpets and an upgraded security system.

A redundant office space at the front of the building has been refurbished and leased as a French themed Café. It opened in December complete with flower beds, wrought iron railings and a red and white striped awning which have enhanced the exterior of the building.



## ENCORE

*A gentle exercise programme helping women regain mobility, flexibility and confidence after breast cancer surgery.*

Encore programmes are now running in 15 centres around New Zealand, this current financial year we have run 16 Encore programmes in Auckland and 10 spread around the rest of NZ. This is a significant increase for us and we are still not meeting demand.



The first "in-service training" is planned for September for all of the Encore Coordinators, it will be the first time they have all been together, we plan to alternate this training with the training of new coordinators.

This year 27 Encore programmes were delivered nationally to nearly 300 women and around 800 women have now participated in the programmes delivered since July 2005.



A new programme is planned for Wairoa with programmes to recommence in Dunedin and New Plymouth.

*"This programme has changed my life for the better, I can move my arm much better - I have even started to redecorate! I am much fitter and have lost weight"*

*June '09 Wellington participant.*

### Highlights for the year:

- **Nov 2008:** 12 women trained to deliver the Encore programme, they came from Whangarei through to Christchurch.
- **Feb 2009:** First programme delivered in Rotorua with high Maori participation.
- **April 2009:** YWCA Wellington and Hutt Valley commenced delivery of their pilot Encore programme

## SCHOLARSHIP WINNERS

The YWCA Auckland gave out two \$1,500 *Outward Bound Subsidies* this year. The recipients were Eve Decker and Emma Harrison.

The \$3,000 YWCA's *Tertiary Education Scholarship* was won by Anna Bowden. She is studying for a Master of Science in Forensic Science at Auckland University and will now take her place on the Auckland Board for one year.

## PILOT PROGRAMMES AND NEW INITIATIVES

### *Dream it, do it*

This was a one year pilot that ran from February 08. Seven women participated; mothers of Future Leaders students who were at career and life transition stages. After the pilot was reviewed it was decided not to continue with an ongoing programme.

### *Speaker series*

This series was requested by the YWCA Board and the YWCA Young Womens Collective. Lectures were planned on relevant issues for young women aged

18-30. Tickets were \$10.

The lectures were: Astronaut Wendy Lawrence on "Achievements and setting goals" and Annah Stretton with 'Build your career - the top ten tips for young women'.

### *2010 New initiative*

The feedback from the Speaker Series has been useful in designing a new programme that is planned for launch in October 2010. It will be a pathway programme for tertiary students to compliment the work being done by Future Leaders.

# & Programmes

## FUTURE LEADERS

*Developing and supporting passionate young women who will become leaders and role models in their communities.*

The YWCA Future Leaders Programme provides mentoring, practical support and skills development to young women aged 14 to 18, from decile 1-4 schools. Future Leaders is a four year mentoring programme and it is the only programme which focuses solely on young women in a long-term intervention.

Now in its 8th year, Future Leaders has mentored 225 young women. There are currently 125 students on the programme (100 Auckland, 25 Far North) from 15 schools.

Ten students graduated from the programme in December 2008.

## FUTURE LEADERS GRADUATES

*"It's helped me realise who I am as a person, where I want to go. The Future Leaders programme has given me the tools to do that." (Graduate)*

In April Catherine Tamaseu-Russell (graduated 2007) and Nive Sharat Chandran (graduated 2008) were elected to Chair and Deputy Chair, respectively, on the Auckland City Youth Council.

It has 25 nominated members and is the voice of young people for the council. The ACYC gives advice on issues that affect young people. We are so proud to have supported and enabled these young women to become such great leaders within their communities.

Three-quarters of our graduates enrol in full-time tertiary study – this is an excellent educational outcome.



Catherine and Nive.

- The students represent 22 ethnicities, reflecting the multi-cultural nature of New Zealand society. Our students backgrounds are: 41% Pacific Island, 24% Pakeha, 11% Maori with 24% made up of other nationalities.
- The programme costs \$2700 per student per annum and is free for the students to attend.
- The average retention rate across all 23 participating schools was 88%.

The students participated in a range of workshops and activities with and without their mentors. The most popular were "Goal Setting" and the "Giving Back Week".

All new students attend a one week Leadership Camp at Leigh and all students participate in the Annual Leadership Forum where they make public presentations. Some



A Giving Back Week project.



Students presenting at the Leadership Forum.

of the year's highlights included meeting a NASA female astronaut and going to the snow at Ruapehu. A Hui was held for the students in April to get their feedback on the programme.

Mentors got together four times during the year for training and support and were thanked with a dinner at the end of the year.



The 2008 graduates with their mentors.

## FUTURE LEADERS PROGRAMME EVALUATION

This programme has been subject to regular reviews and research over the last six years and in May 09 we received the report from our most extensive evaluation to date. Shona Ballinger and Nic Mason conducted the evaluation with Prof. Marilyn Waring from AUT University as the supervising reviewer.

Graduates of the programme were interviewed and information was gathered on the efficacy of Future Leaders; its positive impact and long term outcomes for participants, their mentors, families and communities.

This evaluation has given us evidence of the wider and sustained impact Future Leaders participation is having ...

*"In summary, Future Leaders is giving female students from Decile 1-4 high schools a chance to grow, learn, develop, and have new experiences that they would not normally have access to. Future Leaders enhances their self efficacy which in turn is resulting in strong educational achievements, leadership roles and personal confidence".*

A separate Far North evaluation is due late October 2009.

# Statement of Financial Performance

For the year ended 30 June 2009

	2009 \$	2008 \$
<b>Trading Account Income</b>		
Accommodation Subsidy	28,000	-
Appeals	340	915
Bequests	18,793	22,581
Interest Received	113,489	140,545
Functions and Events	46,060	37,914
General Donations	33,875	18,392
Gifts in Kind	91,066	85,430
Memberships	105	40
Sundry Income	45,965	40,055
Residential Rent	1,300,893	1,313,117
Sponsorship/Corporate	20,500	68,500
Trust Income & Capital Grants 1	594,728	350,596
<b>Total Income</b>	<b>2,293,814</b>	<b>2,078,085</b>
<b>Less: Expenditure</b>		
Business Activity	963,317	937,593
Community Programmes	719,454	589,189
Marketing & Fundraising	249,663	261,060
Running Costs	326,912	388,753
<b>Total Expenditure</b>	<b>2,259,346</b>	<b>2,176,595</b>
<b>Net Surplus/(Deficit) for year</b>	<b>34,468</b>	<b>(98,510)</b>

## Notes to the Statement of Financial Performance

For the year ended 30 June 2009

1 Trust Income and Capital Grants 2009 includes grants from the following:

Lottery Community (Auckland)	\$33,854
Lottery Community (Far North)	\$16,875
SPARC	\$11,482

# Statement of Movements in Association Funds

For the year ended 30 June 2009

	2009 \$	2008 \$
Association Funds at the start of year	5,081,226	5,179,736
Add/(Deduct): Net Surplus (Deficit) for Year	34,468	(98,510)
<b>Association Funds at end of year</b>	<b>5,115,694</b>	<b>5,081,226</b>

# Statement of Financial Position

For the year ended 30 June 2009

	2009 \$	2008 \$
<b>Association Funds</b>		
Retained Earnings	4,040,788	4,071,113
Holiday Camp Reserve	731,981	712,846
Hostel Reserve	342,925	297,267
<b>Total Association Funds</b>	<b>5,115,694</b>	<b>5,081,226</b>
Represented by:		
<b>Fixed Assets</b>	3,992,002	4,214,476
<b>Bank Term Investments</b>		
Holiday Camp Fund 1	731,981	712,846
Building Development	-	600,000
Hostel Fund 2	398,427	195,191
Community Programmes Fund	392,336	-
	5,514,746	5,722,513
<b>Current Assets</b>	232,882	229,385
Total Assets	5,747,628	5,951,898
<b>Current Liabilities</b> 3	631,934	870,672
<b>Term Liabilities</b>	-	-
Total Liabilities	631,934	870,672
<b>Net Assets</b>	<b>5,115,694</b>	<b>5,081,226</b>

## Notes to the Statement of Financial Position

For the year ended 30 June 2009

- 1 The Holiday Camp Fund is a bequest left specifically for the provision of holiday camps for young women. In addition to the initial principal amount, amounts have been added to allow for inflation and accumulated interest as at 30th June 2009.
- 2 The YWCA reserves an amount each year to continually refurbish and update the hostel facilities.
- 3 Within Current Liabilities are amounts of income received in advance for the community programmes. At 30th June 09 this totalled \$392,336 and is held on term deposit.

## Schedule of supporters

*Warm thanks to all donors and funders who have supported the provision of our services and programmes.*

The following is a list of supporters who have made cash and/or in kind contributions to the YWCA Auckland during the year.

### CHARITABLE TRUSTS, GRANTS, FOUNDATIONS AND BEQUESTS

AMP Foundation, A.L. Nicholl, NZ Lottery Grants Board, J M McLachlan Charitable Trust, The Trusts Charitable Foundation, ASB Community Trust, Auckland City Council's Community Group Accommodation Support Fund, The Ted and Mollie Carr Endowment Fund, The New Zealand Breast Cancer Foundation, Weem Trust, Chisholm Whitney Family Charitable Trust, Selwyn Robinson Foundation, Mt Wellington Foundation, Maurice Paykel, Four Winds Foundation, CR Stead Trust, Community Post, R.J. Nicholl.

### SUPPORTING BUSINESSES (gifts and services in kind)

Delmaine, Stretton Publishing, Eco Store, Printing Express, Lion Nathan, Hilton Hotel, Air NZ, Wunderkammer, Elizabeth Arden, Urban Gourmet, Pernod Ricard, Deutz, Stoneleigh Wines, Sir Peter Blake Trust, Coalpit Wines, Black Magazine, Kathryn Wilson, Caroline Sills, Mollies Boutique Hotel, Trelise Cooper, Liz Mitchell, Crabtree & Evelyn, Helen Cherry, CXC Ltd, Healtheries, citymix magazine, Healthy Food Guide, Art Lounge, Odyssey Wines, The Women's Bookshop, Bedpost New Zealand Ltd, Facilities used for the Encore programme.

### INDIVIDUAL DONORS including Memberships and Giving Back Scholarships

(As a membership based organisation, it is the YWCA's policy that the first \$20 of a donation in any one year is considered a membership subscription).

Ash, Heather • Barkley, Tobias • Basire, Clair • Bell, Marianne • Blyth, Win • Bond, Marjorie • Bostwick, Tilda • Brosnahan, Jo • Bruton, Vanessa • Butt, Angela • Carajannis, Albertha • Cavit, Debbie • Clark, Delwyn • Collins, Margaret • Cooper, Trelise • Donovan, Greer Robyn • Duder, Tessa • Duncaif, Pip • Dyhrberg, Marie • Eastell, Rita • Forster, Adele • Gilbert, Alison • Gill, Jennifer • Godfrey, Gail • Grieve, Janet • Hague, Frances • Harman, Gillian • Hellaby, Lady Dawn • Horton, Rosie • Hughes, Kimi • Jopling, Diana • Judkins, Sarah • Kapadia, Vandana • Lilo, Siniua • Lyon, Athlae • Macaulay, Jane • MacDonald, Chrissy • Mace, Dayle • Maitland, Stephanie • Malpas, Mary-Ann • Marina, Ionesco • Martin, Robyn • McKay, Judith • McNair, Michelle • Mentz, Lorraine • Muldoon, Thea • Mundell, Kim • Nee, Janelle • Nixon, Sarah • Owens, Lady Ximena • Palmer, Rosemary • Parker, Christine • Paton, Di • Paykel, Angela • Pears, Christine • Penwick, Diana • Polkeringhorne, P J • Prattley, Mark • Putt, Susan • Regan, Mongen • Robinson, Marjorie • Sandilands, Aline • Sax, Alma • Scholes, Carol • Sharp, Annette • Smith, Verna • Synnott, Sally • Taylor, Marie • Thomas, Tania • Tindall, Margaret • Tizard, Dame Catherine • Tonkin, Shirley • Trotman, Liz • Trotman, Sarah • Walker, Phillipa • Warman, Laures • Williams, Robyn • Wilson, Shan • Winstone, Dame Dorothy • Woodroffe, Olinda.

We are a registered charity, Charities Commission No. is 33917. 90% of donations and grants given to the YWCA go directly to support our programmes.

## Thank you to our major supporters



### **J M McLachlan Charitable Trust**

*proudly managed by Guardian Trust*



### **The Ted and Mollie Carr Endowment Fund**

*proudly managed by Guardian Trust*



## 1885 - 2010 125 years

*The YWCA has been in Auckland for nearly 125 years running community programmes that aim to empower women.  
We are part of the YWCA global network of women leading social and economic change in 125 countries worldwide.  
We reach more than 25 million women and girls through work in 22,000 communities, developing women's leadership  
to find local solutions to the global inequalities women face.*



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